

Ripon Grammar School



Helping shape the future since 1555

10 June 2019

Relationships Education, Relationships and Sex Education (RSE) and Health Education

Dear Parents and Guardians

Students today are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way

The Department for Education has recently published draft guidance surrounding 'Relationships' Education, Relationships and Sex Education (RSE) and Health Education' - February 2019. This is draft statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams and teachers. The Ripon Grammar School Policy 'Relationships Education and RSE' is available on the school website and will be amended when the final DfE statutory guidance is published.

Over the next half term, working in collaboration with the 'North Yorkshire Healthy Child Team' we have planned to deliver a number of sessions re: 'Relationships Education, Relationships and Sex Education (RSE) and Health Education'. Specialists from the North Yorkshire Healthy Child Team will be delivering the content to Fourth Form students in their form groups. The dates of the sessions are as follows:

4A Wednesday 12th June 4D Wednesday 3rd July 4B Wednesday 19th June 4E Wednesday 17th July

4C Wednesday 26th June

The topics which will be covered in each session are:

- What consists of a healthy and unhealthy relationships
- Consent
- The law around what age you can have sex
- Reproductive systems
- Contraception- Different forms of contraception and emergency contraception
- What are sexual transmitted infections
- How to test for sexual transmitted infections
- Where you can access advice and support regarding sexual health

As a parent you have the right to request that your child be withdrawn from some or all of sex education delivered as part of statutory RSE. *If you wish to request that your child be withdrawn, please contact the Upper School Office or Miss Murray, Deputy Head (Pastoral) and we will contact you in order to have a discussion regarding your request.*

If you have any questions regarding the sessions, please do not hesitate to contact school.

Yours sincerely

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